



For Immediate Release
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MASTERS SHOW NO RESPECT AT THE 6TH PVI RUNFEST 5K

Fairfax, Va., September 18, 2005 – Once the colors were posted and the National Anthem was sung as a tribute to Lance Cpl. Nicholas Kirvan, US Marine Corps who was killed in a fire fight on May 8, 2005.

Last year Nicholas Kurgat of Kenya was the runner-up (14:25) and this year it was time to set the record straight. At the start he wasted no time in establishing the pace as teammate John Kipruto Korir led a record field at the 6th PVI Runfest 5K on Sunday, September 18, 2005 in Fairfax, VA. The two established a gap going into the first mile. Giving a hard chase was Michael Wardian of Team Pacers/Brooks who was coming off a 15:48 win the day prior at the Gulf Coast Relief 5K held in Alexandria, Va. A pack was never permitted to form as the pace was dropped below five minutes per mile.

The masters had the next three places locked down as Mark Stickley (Va Tech Hall of Fame) of Winchester, Va., making his debut at the race. Stickley was holding off a couple of hard chargers, 2003 master's winner (16:20), Dave Berardi of Baltimore Md., and the 2004 defending champion (16:27) Chris Chattin of Columbia, Md.

The 2004 runner-up (16:24) Elena Orlova of Team Red Square Sports took control off the start line with teammate Olga Romanova holding second place. Alisa Harvey of Manassas, Va., was making her debut as a master and was in third place. Harvey won the first PVI Runfest 5K in 2000 with 17:36. Harvey was going after the record set in 2003 (18:35) by two-time master's winner Maria Spinnler of Hagerstown, Md.

The top runners were after the \$4,250 in prize money. Into the second loop the positions had not changed. Kurgat had dropped the pace down to 4:49 per mile and gave Korir no chance of closing the gap and took the win and \$300 in 14:48 the slowest winning time in the history of the race. Korir was second in 15:14 and Wardian was third in 15:37.

Stickley took the master's time back down under 16 minutes with a win in 15:49 and placed fourth overall and collected the master's purse of \$200. Berardi was second with 16:30 followed by Chattin with 16:45. The fourth master was Chuck Moeser, age 53, of Sterling, Va., in 17:05.

Elena Orlova was able to secure the win and \$300 in a time of 16:49 while Romanova was second in 17:02. Harvey smashed the master's record in 17:48 and collected \$75 for third and \$200 bonus for the record. Amy Blanco of Hagerstown, Md., was fourth in 18:05 and Christina Wells of Woodbridge, Va., was fifth in 18:18. Meg Letherby of Boulder, Colo., was fifth in 18:34. Spinnler was the second master in 19:02

Full results to be posted at <http://www.pvirunfest.com> . Race day scoring was provided by Montgomery County Road Runners. .

The PVI Runfest was sponsored by Clarke-Hook Corporation, Metro Run and Walk, DCACCESS, Marriott, Merrill Lynch and Nike, along with United Bank, Pohanka, Signs Plus, INTERPUNK.com, The Business Bank, Bishopp Realty, Inc., Panera Bread, Cyron & Miller and Commonwealth Commercial, Inc., Walsh, Colucci, Lubeley, Emrich & Terpak and others.

Top award winners:

Males

1	Nicholas Kurgat	26	14:58	Kenya	\$300
2	John Kipruto Korir	25	15:14	Kenya	\$200
3	Michael Wardian	31	15:37	Arlington, VA	\$100
4	Mark Stickley	43	15:49	Winchester, VA	M1\$200
5	Dave Berardi	45	16:30	Baltimore, MD	M2\$100
6	Chris Chattin	41	16:45	Columbia, MD	M3\$75
7	Chuck Moeser	53	17:05	Sterling, VA	M4\$50
8	Matthew Salerno	24	17:33	Arlington, VA	\$50
9	Ian Blair	34	17:55	Alexandria, VA	\$25
10	Bruce Hamilton	50	17:56	Fairfax, VA	M5\$25

Females

1	Elena Orlova	35	16:49	Russia	\$300
2	Olga Romanova	25	17:02	Russia	\$200
3	Alisa Harvey	40	14:48	Manassas, VA M1	\$200+\$200*
4	Amy Blanco	29	18:05	Hagerstown, MD	\$100
5	Christina Wells	30	18:18	Woodbridge, VA	\$50
6	Meg Letherby	32	18:34	Boulder, CO	\$25
7	Hilary Cairns	34	18:37	Washington, DC	
8	Maria Spinnler	43	19:02	Hagerstown, MD	M2\$100
9	Tammy Anderson	32	19:41	Hagerstown, MD	
10	Beth Belle	51	21:27	Fairfax, VA	M3\$75
11	Sushila Nada	44	21:30	Arlington, VA	M4\$50
13	Rachel Luehrs	15	23:08	Reston, VA	
14	Maureen Lopina	45	23:42	Oak Hill, VA	M5\$25