



The **FASTEST 5K** in Northern Virginia

Sunday, September 20, 2009 @ 8:00 AM
Paul VI Catholic High School, Fairfax, VA

Benefitting PVI's Nationally Recognized
OPTIONS PROGRAM for Special Needs Students

This year, **Runfest X** will be making a donation to **Life with Cancer**.

- Start/Finish:** at Paul VI Catholic High School: 10675 Lee Hwy., Fairfax, VA
- Course:** Certified Double-Loop Course.
- Early Packet Pickup:** Saturday, Sept. 19, 2009; 12:00-5:00 P.M. at **Paul VI Catholic High School:** 10675 Fairfax Blvd., Fairfax, VA
- Race Day Pickup:** 6:30-7:30 A.M. at Paul VI Catholic High School
- Awards:**
- Top 5 male and female overall (**cash awards + bonus cash award for overall event record!**)
 - Top 5 male and female masters (**cash awards**)
 - Top 3 age group awards in 5 year increments (**medal awards**)
- Directions:** Take Beltway to 66 West; Exit Route 123 South; Turn right Fairfax Blvd. (formerly Lee Highway) Left at High School (Oak St.); Plenty of free parking
- Entry Fees:** \$25 by Sept. 11, 2009; \$30 after Sept. 11, 2009; **\$35 Race Day;**
 \$10 students (12th grade and lower)
 Cool T-shirts for first 500 entrants
 No strollers, in-line skates, or skateboards.
- Pasta Night*
 Pre-race dinner. Sat. Sept 19; 6-7 P.M. at **Paul VI Catholic High School.**
 Dinner provided by **Ruby Tuesday.** Prizes, raffles and guest speaker.

Clip and use registration form below or register online at: www.pvirunfest.com



Yes, I **WILL** attend
 Pasta Night on Sat. Sept. 19
 \$10 p/p or \$30 p/family
 6 PM - 7 PM

Sunday, September 20, 2009 8:00 AM
 Entry fees: \$25 by Sept. 11, 2009; \$30 after Sept. 11; **\$35 Race Day;** \$10 students (12th grade and lower)
 Race day registration: Sunday, September 20, 2009; 6:30-7:30 AM
 Make checks payable to: PVI Runfest
 Mail to: PVI Runfest, c/o Clarke-Hook, 14506-E Lee Road, Chantilly, VA 20151

Racer's Last Name: _____ First Name: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Home Phone: _____ Business Phone: _____ Sex: M or F
 Email: _____ Age on race day: _____ Amount enclosed: _____
 Alumni _____ PVI Student _____ Other Student _____ Faculty _____ Parent _____ Friend _____ T-shirt size: S M L XL

Liability Waiver must be signed prior to entering race.

I know that running can be a potentially hazardous activity. Before engaging in any physical activity of this nature, I know I should consult with my physician. I should not enter and run in the race unless I am physically able and trained. I agree to abide by any decision of a race official. I assume all risks associated with running, including, but not limited to falls, weather conditions, contact with other participants, the effects of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, for myself and anyone entitled to act on my behalf, waive and release the Catholic Diocese of Arlington, Paul VI Catholic High School, USATF, City of Fairfax, active.com plus all event partners, sponsors, and volunteers, their employees, agents, representatives and successors (collectively "the Sponsors"), from all claims or liabilities of any kind arising out of my participation in this race, except for willful misconduct or gross negligence on the part of the Sponsors and I agree to limit any claim to the insured limits of the Sponsors. I grant permission to any of the foregoing to use any photographs, motion pictures, or any other record of this event for any legitimate purpose without compensating me. I am the parent/legal guardian of the participant and by my signature, agree to be bound by and responsible for all provisions of this liability/waiver, on behalf of ourselves, the participant and the successors, representatives, heirs, executors, assigns, and transferees of ourselves and the participant. I consent to the participant's execution of this liability/waiver and participation in the activities described.

Signature: _____ Date: _____

Signature of parent/guardian (if under 18): _____ Date: _____